







Shannon -> Bally raughn

N19 NE to M18 N (Emris)

N68 W to N85 N

at Fountain Cross take R476 N

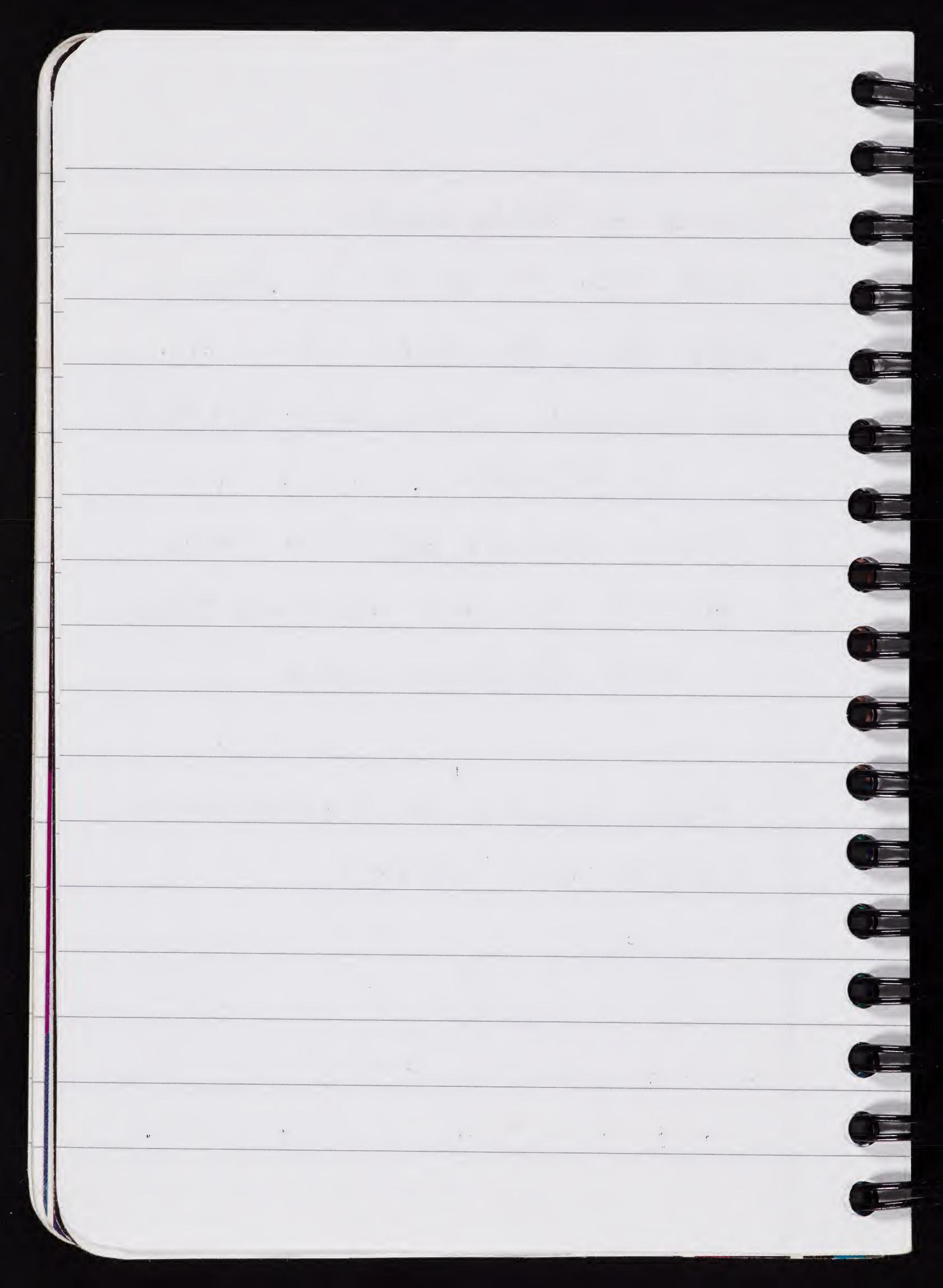
to Corofin

Skin out of Corofin take

R480 toward Aillwee Cave

and Bally raughn

Balmraught to Lizdomvarna NGT SW 10 KM



Camp - Amnascaul 20 min faxi vide to trail head - paved road borderel by walls of vegetation, Mosty Juschias - absolutely grordeois of some blackbenies mixed in Sunny day and fairly easy wath area is dotted w/ prehizeror purh croses "pine plantain" w half of the trees treshly harvested and then across mer and along cliffs orenborhio bich beach

and Strond. Because it was such a beautiful day buch was palled and we decided to pass it up and keep walling Amough boreens (ditues with walls of regulations) up over a small hill her Straight down hill mad walk into Amascaul. The Of the most impressive Standy 8tmes was in a field on the wang it. Hoad seemed mitermioble at this point and led

Showed to the center of town and South Pak Inn home of Im Crean, Anterdose explorer. Had veg soup and waited for vide to Dryle gate Hostel. When he frally arrived we found out it is 1.5 mi ontside of Amascaul and no possibility of a vide in the Am - ditched largle gate and Stayed at Mnascaul B&B - V nive propieter and woom entre place to ourselves

Omner @ south Pole linn cuphoard next to preplace 0 makes antarot.c storm Sunds when opened -fores of muemoratilita and photos / illustratus of Ion Grean - all seen To be hazed on saa one photo 8/18 N'SICL Cast wight hi and not up for walling The second none of us had much Sleep. Atter bfast J. from B&B drove us & Directe. Na 1 hing ont in Phyle - andow 8 huppers

and bought her a beret Nun took the eco tour boat trip. Another lovely day and a shome we werent walkry but Still a nice stat interesty place to hang omt. Imoh i a gaelir bookstore full & nationalist lit. Donner @ Snohe house and bish Ivad music at Morranity's pub-dxallent mod women. Manage of Hidebout histel v mile and VV talkertive. - from

lowa City! Koom v. grins So he gavre us à dizevent great place to Btay anyway 8/19 9:10 Am Start to Dunguni lightain started right after we get out sam gear on we headed out country wards to Venty. Ram Started harder while I dashed into the shop a venting the some supplier Started peltry and V wordy for wall on bealn- metty miserable and NS ramply thow of

we had to bach tall to retrieve it the but fortunatedy found it Run Mordible but We managet to stay dry inside all on Main geon Presid on along beaches and up oner lovely bluft w/ sheep lain letup a best but no visibility of what must have been a heatathel view. A huddled boogs limes next

to a wall and cane to value sheltered walks w/hedge walls about half way along Mult paralelly te Occan it cleaned up and was spectacular saw doganes, beehive hus rounded corner 42 sua Head which was amazingeven une gorgeous Geeurs og he sunshne. A Stopped in Slea Head Cafe & gift stre for being crunble, jie and cappuciro/tea

especially delicions yter vog ram wach. Took me coast word toward Dungun before certig of over another headland Men unto le students fron Vous of Vuget Stand- will grup breaded to same hostel. Hurried to Cheat Baashet Contax, annal & 5:30 W last admission @ 5:15. Bigged my wen in and san avond to I mm books wonderful - natural With anto & hist/enthu

of the ared. Stront wishing road walk up to Dungini Hostel Ira Caundry **(** walked to restaurant two denne å troh experience Cat vide home to hostel. Bathrooms down the hall but shovers were heavenly. 8/20 Same 7:10 Stant on Same route ster headling toward restamant of man voad. Attempted to get food in Forms Muteary potten but hen were not yet open. Anagry that

food really wasn't avail in Dunquish altro hostell soled some basics. like parta à sauce. Cut to coast for exquisite wall along blufts and then back to road tun through filler and men want to beau a Only saw fort franc distance because we were press thed sow a v funny bihe race - mosty Gods & some lads w/ dads volng arws he smot.

befriended by a collic who was more insterented in playing feton w/ & sich ihna eatig. Forty beach wall while took was out men rocky shore wo reautiful purple à greir sochs more bluff of. head wally. Intended to had tood in Munteaugh but never find it instead Inded up in put in Pranhdavir Dier for some (only me litt) tea & copea. Fortifical, treader

ont away beautiful clift walk toward Bally Havid mosel - 8me agnhumm work where we were gong to find our hostel, untered of grup and were amazed by notion of I Bally davids. ended up a and they put iss in the apartment because groups had aheady borned hervons in the hostel visce sitty nom, kitnen, ett.

often Owner drove is & amer (@ sanai pur/ restaurant) We selected Service was not aperetry called for a taxi to take its back. 8/21 Owner let us in shop early and we found out no faxis to trail head ww possinility that the would falue is, after som dithery we decided to butchife because it was striky to som and our hostel

location adel 4 km to the hihe. Stoppeda gleep much who said he could talu us after thechy m his sheep. turns ont they were the nory mes who lapt me up all night unt! I broke out the earphys. He had just separated the young from mothers yesterday and men must have been protestig all hight. Huma n' rode in hate w/ sheep dry their tray

were instructed not to touch and I node up pont à made converente with Shepherd - v'interity and I'm some we overpand because my had nº20.6il Weather willed an as We began un arcent ass in the summet of pass over I with muchy much fields that seemed to get avorse he higher me climbed. We went right into the fog w/ almont no visithility and had

to ash N to wait for us so she could keep in state Signt. v steep ascent, v cold V foggy and a little mynthanish many files summits and wears constantly Ameadenry to got worse (at least it never poured like the Drylle 7 Dungen Lay V hand to walk because ground was so boggy and to need ed to wall on rusher & Stores to

Stay drier. Sumit had Stile & Origina Stone - v wordy, and fæggn. Vinihit got even work mod we needed to hunt for noutur at one pont Run Stranged wy me marker Noont to book and hept men pohr in signt from me middle. Way down was treacherous at best v muddy sochus arted & Steep. Auich lunde in a somerhet

Sheltered area near large rodes then stricing down Mough med would not have made it Wort poles. Trally made it to a wad and below the pg bank Saw grup again and world out a short-out that would by gass Brandon. Hoad wahring along a fairly busy wad then smaller wad. mu Stopped in at a graft

place w Breadly dos Kir, Starred glass - N bought a pair of lamp. 4 gry gave Runa beer. Scaned Whe very long wath to Coghane along road and her field wally to cut dun to tom. Way came out righta M. Phanko it stel. Pouce is basic out confutable. Wher in pur next down and prinise of a balvy Jonnyon Am. Nobly wants to go bach up

an brandyn so maly talu it eany tomorrow. Recurited ut coty bag! 822 Notody up for Mt. Pronden stog after yesterdays adventures. Slept in, visited the bathery/strop for treath sunes then decided to walk to Brandon. Both side wood to small beach w volls & docunt tideporting. N& Scrambled orer au me rocks & looked in every work & cranny. Took Bryle Wan into Branden of ate in a pub near the pier vice bondronthing & v roce clean

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Weaker. Ball to Cloghame by. 4:30 to organize stuff & have afternoon tee. Stopped in to see Ker he doguen on way bath. Put diner next door then into room on wad side of histed for Munic. Juned out to be locals led by a women named Maria who said she once toured Ann Di Che Duthrer. Part boat talent show part sty dry

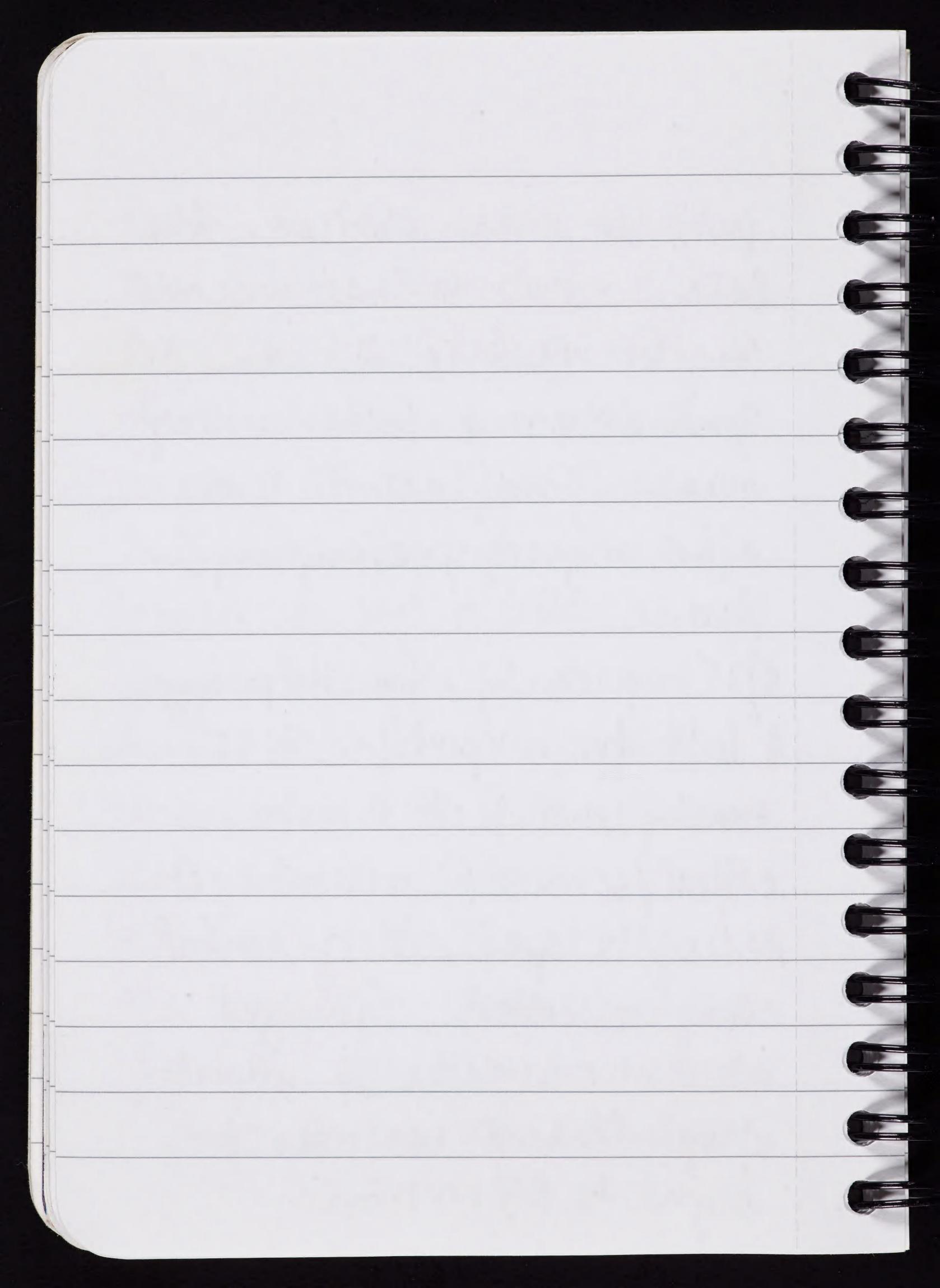
W some poetry recitation and Stories about old dappenigration Junn Cloghame in 1940s on Ship Washington "Sowed tea & somes & over by 10 - some sort of Jemperance Uning 8/23 up and disapported by shop bakery openy late d'not mady w) freak baked goods. 9:15 taxito airport Josh almost exactly I hr. Short weif for a con to be tuned in from me wad & to Willamon One stop at ladies view for view and coffee then grows

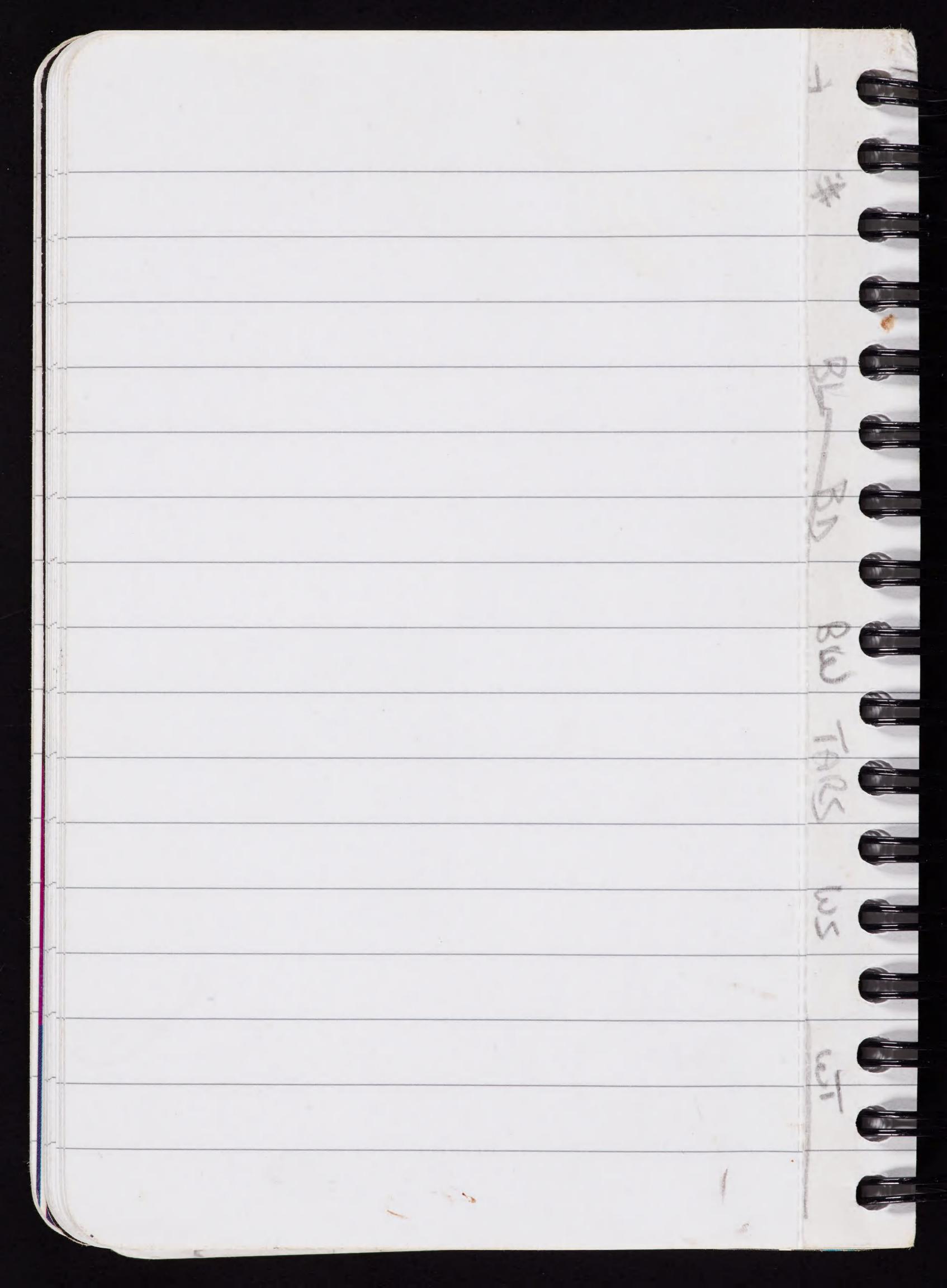
dur Ihm park & along coast to Kennerase. Channy town Sandwich hunch & walled around under shoppy & bought a gomes Moster for Jerenz. Dove finter down coast to Gunganit & Banky men cut aross inland to kinsale. Young day in he car but managed to mil BAB in Sandy vonc. Depritely Bed breakfast d'environtion but booking setting and comfortable rom, lubo Kinsalo for riner V moy meal @ John Edwards

8/24 enormous Japast and her into Kinsale to wordow shop and pole around. Covely small farneris met & bought yann Arm 18th word for Gena La. & pm for N. Brove to Cobh und arrived & beritage center in tandern w) tom bus. He was a borth museum sophisticate and I well done wo envige info on Titamic (last port before voyage & ship buildry) Listerina Sanh of Sundy Cove) and hish amigration

lund in loch Inen shot N to Ennis. Bohn Cand Limenich by cities of lots of traffic truchs d'euses on penniter Wads. Found Grey Jables m Ennis w) ant too much torouble de just a little drung angent. Arrived by 4:30 al dashed out for shoppy before Stres chred @ 6:00. IV was deligned by Dunnes which booked whe Insh Target of She bonght a foral jumpsut for 15 2, prohed up tea, chwarlate purt à Cruised geneenl

pubs for dimmen choices. Ate late ~ 8:00 so that we could Stay for music @ M_ good dimer & falulous Smy music. Bed late or 71:00 after organizny everything for 8/25 up early - prishedpachy à left for arrport n 7:35 snadling meale fast & more coffee / scores & arrort. A relief to got rid of rental can unscorted gurged on v'wild sweater in arport Shop. Cleared waterness of sugart to Ny on him

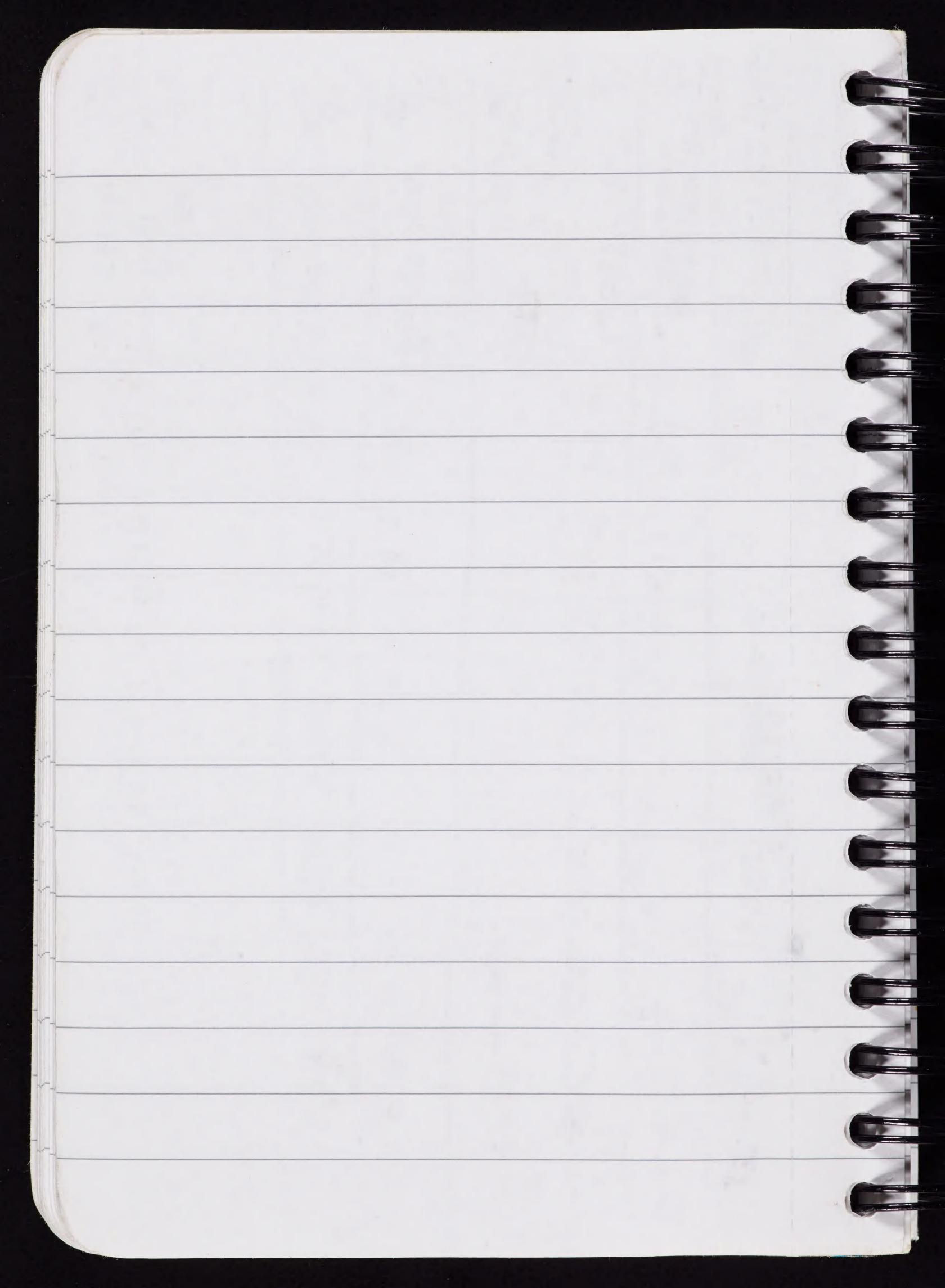




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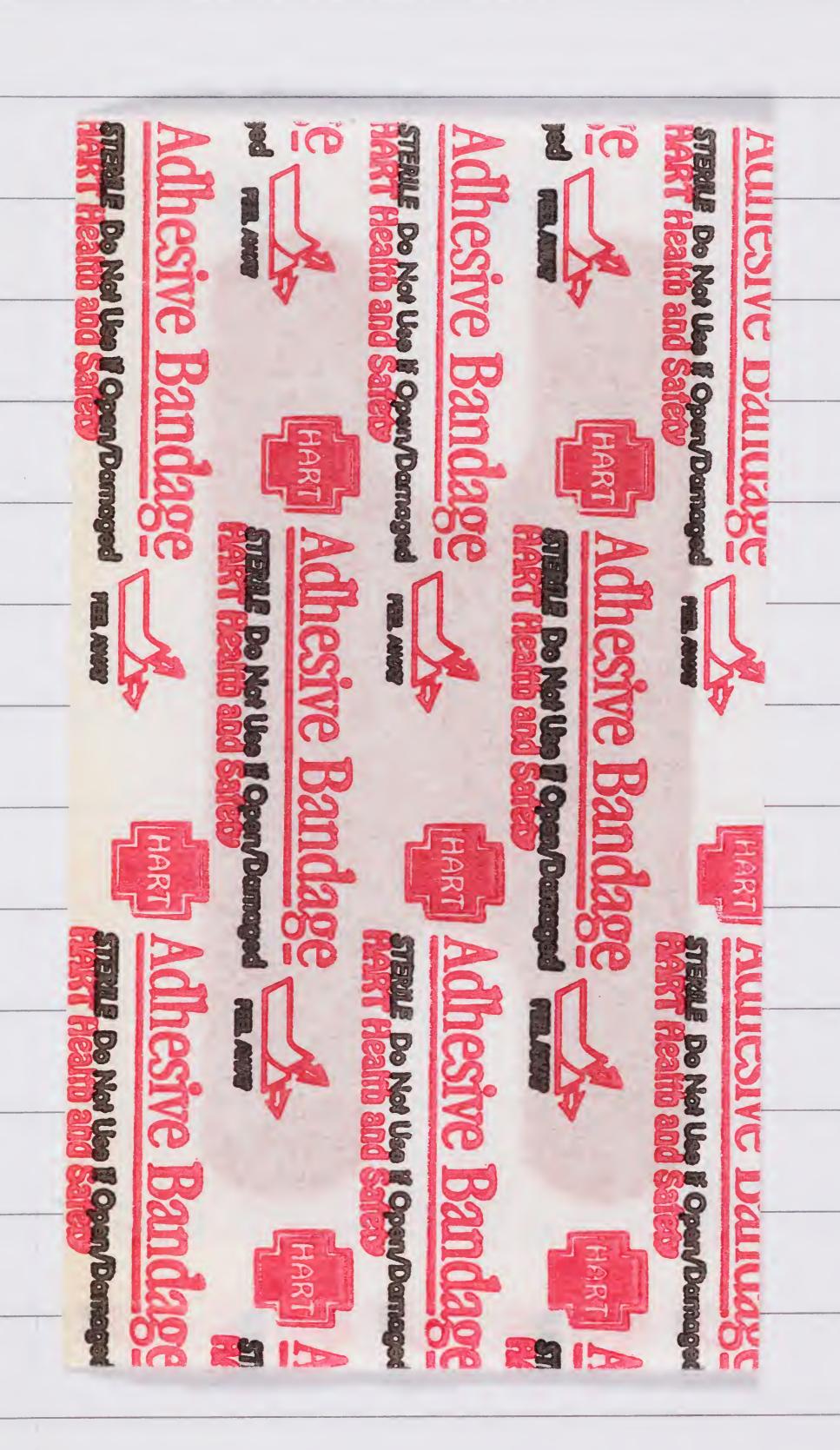
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